

Cynulliad Cenedlaethol Cymru | National Assembly for Wales  
Y Pwyllgor Plant, Pobl Ifanc ac Addysg | Children, Young People and Education Committee  
Ymchwiliad i Gwella Iechyd Emosiynol ac Iechyd Meddwl Plant a Phobl Ifanc – Gwybodaeth  
Bellach | Inquiry into The Emotional and Mental Health of Children and Young People –  
Further Information  
EMH FI 15  
Ymateb gan: Bwrdd Iechyd Prifysgol Caerdydd a'r Fro  
Response from: Cardiff and Vale University Health Board

Our Ref: SH/MW/PAO

14 February 2018

Lynne Neagle AM  
Chair  
Children, Young People and Education Committee  
National Assembly for Wales  
Cardiff Bay  
Cardiff  
CF99 1NA

Dear Ms Neagle

Thank you for your letter on behalf of the Children, Young People and Education Committee. We are happy to provide the additional information that you have requested.

I understand that John Palmer has responded to you on Query 1 regarding the national percentage spend. Within Cardiff and Vale we currently allocate 7.6% of our mental health budget to services for children and young people. The breakdown that you have requested is included in the annex with our responses.

If you need any additional information regarding Emotional and Mental Health Services for Children and Young People, please contact Melanie Wilkey.

Yours sincerely



Dr Sharon Hopkins  
**Deputy Chief Executive / Director of Public Health**

## Questions for Panel 1 - Cwm Taf; Cardiff and Vale; Abertawe Bro Morgannwg; Aneurin Bevan

### Specialist CAMHS - Workforce

What is the current staffing establishment (WTE) and vacancy rate for specialist CAMHS in your Health Board? How has this figure changed over the past three years?

*Please see response from Cwm Taf University Health Board as this is part of the commissioned service.*

### Neurodevelopmental Services

Are you meeting the 26 week waiting times target for neurodevelopmental conditions? How many children and young people are currently waiting for an assessment?

*We are not currently meeting the 26 week waiting times target but are running additional waiting list clinics. We have 20 cases waiting at and over 36 weeks which will be appointed in this financial year. We have in total 391 awaiting assessment of which 102 are over 26 weeks. We believe that the referrals in the first year have been higher than expected as there was unmet need for this new dedicated service and demand will now settle to expected levels for the population*

An additional £2million (from the annual £7.6 million Welsh Government investment available to Health Boards) was earmarked for specific support for neurodevelopmental conditions in 2016-17.

- What was the breakdown of funding and where has this been spent?

*Cardiff and Vale UHB's allocation from the neurodevelopment monies is £318k. This has been deployed to create a new multi-disciplinary team to manage the entry and progress through a shared neurodevelopment pathway with Specialist CAMHS. The team structure is as per the below and all the posts are filled.*

*0.5 Psychiatrist (employed by Cwm Taf in specialist CAMHS)  
1.5 Band 7 Nurses – Independent prescribers  
0.2 Band 8a Pharmacist – Independent prescriber  
1.0 Band 8a Clinical Psychologist  
0.5 Band 7 Speech Therapist  
0.5 Band 7 Occupational Therapist  
1.0 Band 4 Co-ordinator  
1.4 Band 3 Clinic co-ordination/ admin support*

- Is there variation across Health Boards on waiting times for neurodevelopmental services and, if so, to what can this be attributed?

*Yes there will inevitably be variation and this will be a mix of the way teams are set up and variable demand. Our high population of Children and Young People in Cardiff particularly means that we would anticipate our demand being higher than other health board areas.*

### Access to psychological therapies

The Welsh Government provided additional £1.1 million annually for Health Boards to improve access to psychological therapies.

How many additional whole time equivalent specialist posts have been created and what impact has this made in improving access to psychological therapies?

Does your board have a waiting list and if so, how long is it?

Is there a national overview of the number of referrals that are made across Wales for different types of psychological therapy, including the number of referrals that are accepted?

*Please see response from Cwm Taf University Health Board as this is part of the specialist CAMHS commissioned service.*

Question to both Panels:

### **Advocacy**

Are you currently commissioning advocacy provision for children and young people (including IMHA)

*Children's advocacy services are included in the specialist CAMHS services we commission from Cwm Taf but Cardiff and Vale UHB does not have a specific service.*

### **Finance Breakdown of CAMHS Spend – 7.6% of MH budget**

- sCAMHS (Cwm Taf) – **4.14%**
- Highly specialised/inpatient CAMHS (WHSSC) – **1.56%**
- Primary MH, Neurodevelopment, prescribing (CAV Community Child Health) – **1.3%**
- Emotional Wellbeing Service (3<sup>rd</sup> Sector) – **0.38%**
- Early Intervention in Psychosis 14-25 (CAV Adult Mental Health) – **0.23%**